

December 2018



Can't Wait to See You at Upcoming Events

Saturday, January 12, 2019 organizing presentation on the main stage of the Philadelphia Home Show at 11 am and 3 pm.

Thursday, March 14, 2019 (Pie Day!)- organizing seminar at Easttown Library at 10 am.

Your Year in Pictures



Is it next year yet? We get so busy planning that we forget to celebrate this past year. Especially if you had an emotional loss or a big change this year, studies show that looking at our past can improve our mental health.

Try this...write down:

- three accomplishments or positive experiences
- one thing you'd like to change

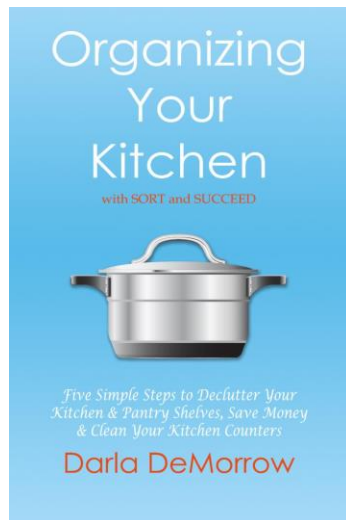
If you are hoping to change your organizing habits, [join in as I lead an organizing challenge](#) to organize one room each week in January.

A great way to bring meaning to this time of year is to review it in pictures, especially with those you love. As you are scrolling through digital pictures from 2018, delete the trash and duplicates. Go for quality, not quantity. This is a great first step to doing something fun with your photos.

In January I'll be encouraging you to [make a photo album](#) to celebrate your big trip, an event and just regular old days. If a whole album seems overwhelming, then consider a Year In Pictures video set to music. If you're too busy, we'd love to make either an album or 2018 video for you. Start fresh in 2019 with joy, laughter and hope by celebrating with pictures.

In Case You Missed It...

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My books were downloaded over 13,000 times this year. WOW and thank you! I'd love to hear how it helped you. More books on the way due to your amazing support.

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We don't always remember to take photos, but we took photos on this job to show you more of the process.

This is the anatomy of organizing a kitchen cabinet.



When several people recommended Bored and Brilliant by Manoush Zomorodi to me within a few weeks this past year, it went on my reading list.

Learn why we can't stand to be bored anymore, and why it matters.



Got sweaters?

If something chews a hole through your favorite sweater, don't throw it out.

Do a quick repair. This video shows you how.

STAY CONNECTED



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