



The Best Bedsheets Are Out There: Here's How to Find Them

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Having the best bedsheets can help you get a good night's sleep. But when it comes to buying linens, best doesn't necessarily mean most expensive. The materials used to make sheets can dramatically affect the quality of your sleep, so it's worth taking that into consideration when you buy a new set.

Navigating the bedding section of your home goods store can be a bit of a headache. Are 100% cotton sheets nice enough? Are silk sheets all they're cracked up to be? The guide below discusses the different bedsheets materials so you can rest easy and be confident you're getting the best deal.

What are the best bedsheets anyway?

Like we said, the best sheets don't have to be the fanciest. There are plenty of lines that offer sheets made from quality materials at a reasonable price. Instead of focusing purely on price or thread count, pick the ones that are right for *you*—not only in terms of comfort, but also upkeep, where you live, the look of the sheets, and other considerations.

Bedsheets come in a wide range of prices, depending on the weave, materials, and thread count—a sort of softness meter that refers to the number of horizontal and vertical threads per square inch of fabric.

Cotton

It's the biggest star in the bedsheets constellation. Cotton is cool, soft, breathable, and easy to wash, says **Karin Sun**, founder of Crane & Canopy, an online luxury bedding brand.

Cotton also comes in various weaves, so if you love a lustrous, silky feel to your bed, pick cotton sateen, which is made from combed or long-fiber cotton threads, Sun explains. But if you prefer a crisper

bedsheet (like the feel of a cotton shirt), consider percale, a smooth, closely woven cotton or cotton blend. On the down side, cotton can wrinkle a bit and take time to break in.

Other long-fiber or long-staple cottons include Egyptian cotton and the brand Supima.

"But these days, Egyptian cotton means fabric that originates from that region, not the type of long-staple cotton that Egypt is originally known for," explains Sun.

In fact, long-fiber cotton is now grown all over the world. Check the label for sheets that tout their "long-fiber" status, she adds.

Save: Threshold Organic Cotton Printed Sheet Set
(\$27.99+, [target.com](https://www.target.com))



Cotton sheets don't have to cost an arm and a leg; these are from Target.

target.com

Splurge: Frette Hotel Classic Sheet Set, queen (\$425+, [bloomingdales.com](https://www.bloomingdales.com))



The pinnacle of luxury sheets is this cotton set from Frette.

[bloomingdales.com](https://www.bloomingdales.com)

Linen

This woven textile is a combination of cotton, hemp, and other fibers, so the weight is a bit heavier than cotton. It is cool and breathable, so it's a great option in hotter climates, says Sun.

"Unfortunately, linen is less comfortable to the touch than cotton," she says.

Save: Grey Linen Sheets (\$189+, [Crane & Canopy](https://www.cranecanopy.com))



Breathable linen sheets are best in hotter climates.

Crane & Canopy

**Splurge: Irish Linen Flat Sheets (\$1,829.79+,
[francis-m.com](https://www.francis-m.com))**



These linen sheets from Francis M are preferred by the sultan of Brunei, the Imperial Court of Japan, and Buckingham Palace.

Francis M

Bamboo

Trendy but pricey, this rayon-based fabric is softer than cotton and linen and naturally antimicrobial. The drawback?

"The processing required to turn bamboo into fabric fibers disqualifies it from being a green product," notes **Darla DeMorrow**, author of "Organizing Your Home With Sort and Succeed."

Save: Zen Bamboo Bedsheets (\$26.95+, [amazon.com](https://www.amazon.com))



These bamboo sheets are touted as softer and more plush than standard cotton sheets.

amazon.com

Splurge: Bamboo/Cotton Sheet Set (\$123+, [The Company Store](#))



Bamboo sheets can cost a pretty penny. But for some, they're worth it.

The Company Store

Microfiber

This category of man-made fibers includes polyester and nylon blends.

"Poly and poly-cotton blends are most affordable, but they also don't breathe and can stick to your skin if you live in a humid spot," notes Sun.

Poly sheets are hypoallergenic, easy to wash, and tend to hold their colors, which is a plus if you like bright shades. But these types may

not wear as well (read: you'll have to replace them more often) and they tend to conduct static electricity.

Save: 4-Piece Ariana Microfiber Sheet Set (\$19.99+, [SteinMart](#))



Microfiber sheets are a bargain compared with other types of linens.

Stein Mart

Splurge: Merit Linens Ultra-soft 6-piece Bed Sheet Set (\$25.99+, [Overstock](#))



These microfiber sheets are soft and will stay wrinkle-free.

[overstock.com](https://www.overstock.com)

Flannel/fleece

These two types of sheets are similar (which is why we lumped them in the same category) and can be crafted from cotton, wool, or synthetic fiber. They're best for those living in cold climates.

Fleece is a step up in warmth from flannel but don't choose either of these if you need to be cool when you sleep, says DeMorrow. Fleece and flannel may also pill the longer you use it.

Save: Printed Flannel Sheets (\$19.99+, [Target](#))



Stay cozy with a set of flannel sheets.

Target

Splurge: Glacier Park Flannel Sheet Set (\$119, [Pendleton](#))



Pure cotton flannel sheets from Pendleton

Pendleton

Silk/satin

Yup, it feels fantastic on the skin, but it's gonna cost you.

"Real silk is extremely expensive and requires more maintenance as you'll need to dry-clean it," says Sun. You can hand-wash silk sheets instead—but who wants to do that? Silk, like other natural materials,

is naturally hypoallergenic and resistant to dust mites, but that still doesn't justify the price for many people.

Splurge: Silk Sheet Set (\$989+, [Manito](#))



Want to sleep in ultimate luxury? Invest in silk sheets.

Manito

