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Organize ~ Decorate ~ Stage

August 2011

Autopilot

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### Events & Info

Tech series to start next month!  
Regular posts addressing tech issues:

- Going paperless in your office
- e-Calendars
- e-Readers
- iPad pros and cons
- Backing up your computer
- Photo management & storage
- Saving kid's artwork
- Cord management

Be sure to subscribe to receive emails or Like HeartWork Organizing on Facebook for each article as it is published!

September 27, 7:30 pm- Paper Organizing Training for Interfaith Hospitality Network (invitation only)

October 5, 7-9 pm- [Clear Path Strategies](#) Clutter Support Group for better time

Dear John,

Summer is fast slipping away, and I want to enjoy every sunny, humid, tank-top moment left by doing whatever I can to put my life on autopilot. Read below to see what autopilot can do for you.

My prayers are that you made it through Hurricane Irene unscathed. Most of the reported damage amounts to water in the basement, roof leaks and downed trees. If you need to clear your attic, basement or garage to be able to handle repairs or to be prepared for future storms, please [email](#) for an appointment.

I am also very excited about a tech series that will be coming your way next month, highlighting some really helpful tips and tools that anyone can use at home and in small business. Please look left to see how to receive these articles for free as soon as they are published.

<<<<<----- There is nothing to buy, just good info throughout the September. If you are on Facebook, Twitter or want blog content sent right to your email, you'll want to connect today.

If you are struggling to put more autopilot-type help into your life, join us for the next clutter support group starting OCTOBER 5. (That's just a bout a month from now, believe it or not.) If you struggle with the calendar, making time for things you really want to do, and keeping up with constant incoming information, please look to the left and register now. Clear Path Strategies is a tiny little division of HeartWork Organizing, and is a great way to taste-test our services while getting some real and tangible support for your situation. Lots of folks tell me that they

management. This is an economical way to receive ongoing support and develop new skills to manage your calendar instead of allowing it to manage you. Runs Wednesdays through Nov 2. [Register](#) by 9/2 for a 20% discount.

October 19, 7-9 pm- Clutter Control program at Paoli United Methodist Church. Visitors welcome. Free.

See [my website](#) for updated times and places. Want a presentation closer to you? Please call me about how we can make that happen.



**Recent Blog Posts**

[Favorite Hurricane Item](#)

[Shoplifting Mom Tells All](#)

[Add Energy to Your Decision Making](#)

**Did You Know?**

I am still collecting gently used **purses**, which symbolize economic health, for Mothers and More which will be donated to Wings for Success and **shoes**, even singles and even unwearable ones, for NAPO and Soles4Soles.

I'll gladly pickup either of these items. Just call 856-905-3202.

**Thank You**

To thank current and past customers for voting us Best for the Main Line Media News 2011, get a 20% discount off

accomplish more in just a couple of hours each week than they have been able to accomplish all year. But don't wait, because I keep the classes small to benefit you, and spaces will fill up. [Register](#) by **this Friday** and save 20%. See you soon!

Sincerely,

Darla DeMorrow, CPO® , owner

**Autopilot**  
...or How To Systematize Your Life

Several months ago I attended an event and picked up a freebie sliver of high-quality handmade soap. A friend said that switching to natural hand made soaps cleared her skin and eliminated the need for moisturizers, so I was excited to see if it works for me. Once in my bathroom, it sat. And sat. And sat. I moved it around the sink a couple of times. And it still sat. For months.

What was going on here? I had interest. I had motivation. I even had costs savings if I could reduce my very strong dependency on moisturizers. Unfortunately, what I had was another system already in place.



Not until I changed my routine, removed my soap pump, and created space for the soap sliver did something new happen.

the next [Clear Path Strategies](#) clutter support group starting October 5. **Just register online before Friday 9/2 for the discount.**

Join Our Mailing List!



OK, why on earth would I tell you this little story? Because it perfectly illustrates how we put our lives on autopilot a million different times a day, which can be a very good thing. And it also illustrates what we professional organizers like to call a "system", which is just a routinized way of handling situations. Whether it relates to stuff, space, time and schedules, information, or money, systems can be very good. They help us by:

- Reducing decision fatigue by simplifying the day
- Saving time, allowing quick progress through the day
- Forcing good habits, like saving money

But sometimes, like my little example above, without examining the routines already in place, we can't accomplish something that we say we really want to. Once I made one teeny-tiny change, I succeeded IMMEDIATELY! And yes, my hands were softer.

So life isn't always so simple, but it helps to remember that...well...sometimes it is.

If this little story helped you, great. Make a few simple changes today and accomplish something amazing. If you are stuck and need some new routines, especially for your calendar or time management or completing any important project in your life, please check out the upcoming [Clear Path Strategies](#) clutter support group. Hope to see you there.

### **About HeartWork Organizing**

Our mission is to help you find peace and purpose.  
856-905-3202 (preferred) or 610-688-8595

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