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November 2010

Conscious Consuming

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Events & Info

The Preschool Survival Kit is a free download now available to parents needing organizing and parenting tips to make school days easier. [Click here for free download](#), for a limited time only.

November 13, 9 AM, Real Estate Radio with host Doug Andraka on am 1180 radio. Listen in live to hear what is really going on in real estate today from a local professional, and learn what staging will and won't do for you. Have a question you'd like answered about staging? [Email ahead of time](#) to have your addressed on the call.

November 23, 9:15 AM, MOPS at the Holy Eucharist Church in Cherry Hill. Come for the ever popular Clutter Control seminar and leave armed with strategies for daily living and validation that you really are keeping things together better than you thought. [344 Kresson Road, Cherry Hill, New Jersey 08034-3396](#) [[Click for map](#)] Please call Brenda at 856-373-8697 for more details.

Thanksgiving- 11/25

Recent Posts

[Do You See Things That](#)

Dear Darla,

Conscious Consuming is something I've been working on for a while now, in a whole bunch of different ways. In putting together this month's newsletter, I realize that this phrase has many meanings. The holiday shopping season is underway; will I be a typical retail consumer? This month hosts the biggest eating holiday; will I practice conscious moderation at the dinner table? I am constantly barraged by information; how can I practice conscious *information* consumption to stay informed and still get some sleep? There's always more stuff, activities and reading material than I have space, time or mental bandwidth for.

Speaking of living consciously, I'd really value your attention for about 2 minutes. I'm putting together my seminars and learning opportunities for next year, and I'd really like you to weigh in, even if you can't actually attend any or all of the events. It's easy, just skip to the bottom left of this email and respond to the survey. I promise, it's a short one, and you'll have a chance to win a valuable organizing tool that I would love to send to you.

Sincerely,
Darla DeMorrow, CPO® , owner



What's in your wallet?

Shop Like You Mean It

...Ask these Questions

Copy and paste these questions and keep them with your credit cards during this shopping season.

Buy it if you can mostly say yes to these questions:

- Do I absolutely love it?

Aren't There?

The RSS button is back. If you'd like to keep up with tips and encouragement in between my monthly newsletter, there's a super easy way to do that. Subscribe to my blog, with just one [click here](#) and click the RSS Posts button on the right. When new posts come out, they'll be sent straight to your email!

Quick Tip

Looking for big impact with a small pricetag? Consider mixing up colors in your home or workspace. I can help you select the perfect palette for you in less than an hour. As a Certified **Color with No Regrets** consultant, I can take you from timid to fearless. Don't make a thousand dollar mistake with paint, furniture or decor color choices. Call or email for your [Perfect Palette color appointment](#) today.

Survey Results

Of all the responses regarding Halloween candy, the majority were planning to buy it between one week and one day before the big event. I have a feeling that most people want to avoid temptation!

Please weigh in on this month's survey: **What topics interest you the most?** [Click here](#) to provide your input anonymously and enter for a chance to win a valuable organizing tool.

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- Do I truly need it?
- Is it good quality?
- Will I still own it in 5 years?
- Do I have space to store it?
- Can it be recycled or is it in recyclable packaging?

Don't buy it if you mostly answer yes to these questions:

- Can I wait 24 hours?
- Do I already own something similar?
- Is there a green alternative?
- Is it toxic?
- Is it excessively packaged?
- Can I borrow or swap this from somewhere?

This holiday season, pass on the sombreros and toast racks.



Toast Rack

[Read more here...](#) Everything we do or buy has impacts on our modern world. The point is not to stop doing everything, but shop, recreate, keep a home and do everything else you do with some thought for the physical world beyond our closets.

THE STORY OF
STUFF

A 20 minute video
that could change
your world for the
better

About HeartWork Organizing

Our mission is to help you find peace and purpose. 856-905-3202

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