

## Organizing Café:

### Clutter Control

**April 10, 6:30 PM. Get help organizing your stuff, your papers and your life.**

**Presented free at the Olympia Healing Arts Center on Rte 130 in Delanco, NJ.**

**Reserve your spot at 856-461-0060.**

## Clean Sweep for Spring

Organizing is about being able to find what you need when you need it. Sometimes during organizing a strange thing happens, and you locate surfaces that you haven't seen or had to clean in a while... or ever.

You've taken an important step. Now take a moment to think about how to keep the space clear, healthy and safe. Need some inspiration? Read on.

## Consider This:

**Kids and Toxins:** Within 26 seconds after exposure to chemicals, they can be found in every organ in the body.

Scientists believe that most cancer (80-90%) is due to environmental causes.

The Clean Water Fund estimates that the average American uses 40 lbs of unsafe household cleaners each year (multiply that by 245 million Americans).

(Source: [www.Enviroshine.net](http://www.Enviroshine.net))

## Allergies, Mites and Fumes, Oh My!

- Good containers can help you organize AND minimize dust. Opt for easy clean, smooth vinyl or leather containers that are easy to dust, versus cute but dusty wicker baskets.
- Reduce chemicals in your home by using [microfiber cloths](#). Without chemicals, they work as dust cloths, Swiffer© replacements, car cleaners, upholstery swipes, and they are reusable after a regular washing!
- Organizing usually means leftover household cleaners, paints and chemicals. Resist the urge to pour them down the drain, where they end up in your water supply. Counties have free hazardous waste drop-offs each year. [Gloucester County household waste schedule](#).
- Cleaning service making you sick? Look for a cleaning company that uses [natural products](#) and real HEPA filters. Check out [www.Enviroshine.net](http://www.Enviroshine.net) for more info.

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**Simple Tip: Designate a spot for used batteries and recycle them yearly at a hazardous waste drop site.**

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